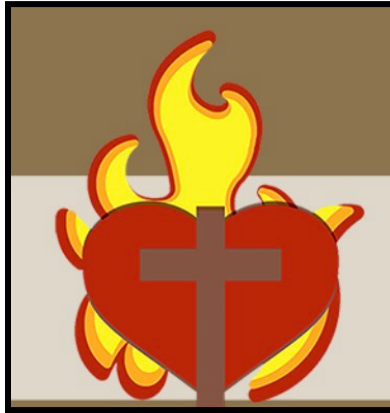


# Central Jersey Women's Emmaus Retreat



November 7th - 9th, 2025

***Come and experience the journey to Emmaus as together we recognize Jesus in the Breaking of the Bread. ~Luke 24:13-35***

*Questions & Answers....*

**Exactly what is Emmaus?** Emmaus is a relaxed, passive retreat weekend designed for those women who feel they would like to explore a deeper relationship with God. Every one of us has considered the questions, "Does God really exist?" or "How should God's existence affect my life?" Unfortunately, we are all very busy and don't allow ourselves enough time to explore the answers. That's what the Emmaus retreat is for. The women organizing and hosting the Emmaus retreat are regular ladies who will not try to convince you of their answers; instead, they will share their own experiences with you and let you draw your own conclusions. We are not women born Holy, and we have each led very different lives. But through the power of the Holy Spirit, we have found our way back to the Lord and would like to tell you about these life changing experiences. For many of us, it was during an Emmaus Retreat that our hearts were touched by God.

**How do they go about doing this?** You will hear a series of talks by other women concerning their own experiences. You will have a chance to reflect, pray, and consider the bigger, really meaningful questions of life in a place that is far enough away to separate you from the distractions of everyday life, but close enough that you could be home in a matter of minutes.

**How long does the weekend last?** You will need to arrive at the retreat location on the grounds of the Villa Maria by the Sea Retreat Center [101 111th Street, Stone Harbor NJ 08247], Friday, November 7th between 5:45 pm - 6:00 pm. The weekend will conclude after 3:30 pm Mass on Sunday, November 9th. More detailed instructions will follow.

**How do I dress for the weekend?** Extremely casually and comfortably. Bring a change of clothes for two days, your personal toiletries (toothbrush, soap, etc.). All else is provided.

**What about food?** All food and drink will be provided. When you arrive on Friday, a light meal will be provided for those who will not have time to grab dinner. If you have any special dietary requirements, please let us know on the application form. Refillable water bottles are preferred.

**How much does Emmaus cost?** The cost is \$250.00 [\$50 is non-refundable]. If you need financial assistance, please contact us. All information is confidential. Space is limited, so submit your application promptly.

**How about health and safety?** Anyone who is sick is asked to stay home for the safety of all, your retreat may be rescheduled. Masks are optional and hand sanitizer is available.

**What about God?** One way, among many, you can help answer that question is with the Women's Emmaus Retreat that is led by women like you who have all struggled with the same questions about life that you have. The Emmaus Retreat is designed to be low key, laid back, non-hostile, user friendly, and not "preachy". You will listen to other women like yourself talk about their journey to know more about God. It is not required for you to be of any particular faith or church. The food is abundant, the place is calm and peaceful, and we know it will be a weekend that you will NEVER forget. Your time invested will pay huge dividends!

*Any other questions, please visit our website [cjemmaus.org](http://cjemmaus.org) or contact us through email at [cjwemmaus@gmail.com](mailto:cjwemmaus@gmail.com), or call Barbara Schellato 732-547-9814 or Trish Hearne 732-300-6171.*

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*Fill out the application; invest a bit of your time. Rethink, Refocus, Reflect and find your way. If you don't have time to make a retreat like this; that means you NEED a retreat like this!*

# Central Jersey Women's Emmaus Retreat

November 7th - 9th, 2025

Name \_\_\_\_\_ Age \_\_\_\_\_

Email \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Status (circle): Married Divorced Widower

Phones: Home \_\_\_\_\_ Cell \_\_\_\_\_

Emergency Contact #1 \_\_\_\_\_ Relationship \_\_\_\_\_

#1Cell \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact #2 \_\_\_\_\_ Relationship \_\_\_\_\_

#2Cell \_\_\_\_\_ Email \_\_\_\_\_

Who told you about the Retreat? \_\_\_\_\_

Special Dietary Requirements? (very important for catering) - allergies/vegetarian/vegan/etc?

Shirt Size: ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL

Do you attend a Church? ☐ Yes ☐ No

If yes, which church \_\_\_\_\_

**Any questions, please visit [cjemmaus.org](http://cjemmaus.org), email [cjwemmaus@gmail.com](mailto:cjwemmaus@gmail.com) or call Barbara Schellato at 732-547-9814 or Trisha Hearne at 732-300-6171.**

The cost of the weekend is \$250.00. Checks payable to "Central Jersey Women's Emmaus". Space is limited, please include payment with your registration. Please mail the registration form and payment to: **Barbara Schellato/CJ Emmaus, 175 Impatiens Court, Toms River NJ 08753**

*Fill out the application; invest a bit of your time. Rethink, refocus, reflect and find your way.  
If you don't have time to make a retreat like this; that means you NEED a retreat like this!*